



EUROPEAN ASSOCIATION OF REHABILITATION IN CHRONIC KIDNEY DISEASE

ΓΕΩΓΡΑΦΙΚΗ ΕΠΙΧΕΙΡΗΣΗ ΝΕΦΡΟΛΟΓΙΑΣ



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<http://euroreckd.eu/>

**ERA-EDTA - 53rd Congress May 21st - 24th, 2016
Vienna, Austria**

Saturday May 21st, 13:15 - 15:15 hours

CME Course Prescription for Health – Exercise as Part of Nephrological Care

Organizers:

European Association of Rehabilitation in Chronic Kidney Disease (EURORECKD)
and European Federation of Sports Medicine Associations (EFSMA)

Co-Chairs:

Rolfdieter Krause, Germany (EURORECKD)
Herbert Löllgen, Germany (EFSMA)

Speakers and Topics:

Herbert Löllgen, Remscheid/Germany: *Prescription for health – the initiative of EFSMA*

Naomi Clyne, Lund/Sweden: *Exercise as Medicine in CKD – Experiences over 30 years*

Evangelia Kouidi, Thessaloniki/Greece: *Exercise with dialysis patients – benefits for cardio-vascular health*

Carmine Zoccali, Reggio Calabria/Italy – *Learning from the EXITE study*

Thomas Mercer, Edinburgh/UK – *Exercising with transplanted people – benefits and risks*

Round-Table-Panel (Chairs, Speakers and Auditorium)

5 Speakers: Time per lecture: 20 mins. (incl. 3 mins. Discussion) + 20 mins. Round-Table (= 120 mins.)