



EUROPEAN ASSOCIATION OF REHABILITATION IN CHRONIC KIDNEY DISEASE



OFFICIALLY ENDORSED BY THE ERA-EDTA SINCE 2001

<http://euroreckd.eu/>

Madrid, June 4 2017.

Annual report

Educational activities

CME course in Vienna in conjunction with the ERA-EDTA 2016 titled '*Prescription for health – Exercise as part of nephrological care*'

Open House meetings at the ERA-EDTA

Meetings were held 2015 in London and 2016 in Vienna.

Scientific activities

"Rehabilitation" is incorporated into the ERA-EDTA with its own section comprising a poster session and free communications.

In May 2017 a symposium on Quality of Life in Chronic Renal Disease took place in collaboration with the Renal Unit of AHEPA hospital, with the Laboratory of Sports Medicine, AUTH, the Social Policy Committee of Aristotle University of Thessaloniki and EURORECKD.

A collaboration between the EURORECKD and Carmine Zoccali's and Francesca Malamacci's group was initiated in 2016 with an aim to conduct a pan European survey with the view to establish regular physical activity and exercise training as part of routine clinical care.

Colleagues from 15 European countries were contacted and agreed to serve as National Leaders for this European survey on barriers and challenges for the implementation of physical activity and exercise training in patients with CKD and ESKD. Professor Carmine Zoccali and his team has used previous questionnaires and surveys provided by the national leaders as a basis and constructed 5 questionnaires. These have been distributed to the National Leaders for validation. We are currently at the validation phase.

Cooperation with other Societies

The activities of the EURORECKD are disseminated by Dr Alice Smith, Leicester, UK through an email network for professionals in the field of Nephrology interested in research and clinical practice in exercise training.

The EURORECKD's activities are also disseminated on the site of the British Renal Society and a facebook group set up by dr Pelly Koufaki.

The CME course in Vienna was a cooperation with the EFSMA, European Federation of Sports Medicine Associations, initiated by dr Rolfdieter Krause.

At the World Congress of FIMS (International Federation of Sports Medicine) in September, 2016 in Ljubljana there was a joint session of EFSMA and EURORECKD: "Chronic Kidney Disease: Physical Activity Prescription for Therapy and Rehabilitation" to which Rolfdieter Krause and Astergios Deligiannis were invited to give lectures.

Naomi Clyne, MD, PhD
Chairperson, associate professor

Rolfdieter Krause, MD
General Secretary