



EUROPEAN ASSOCIATION OF REHABILITATION IN CHRONIC KIDNEY DISEASE



OFFICIALLY ENDORSED BY THE ERA-EDTA SINCE 2001

<http://euroreckd.eu/>

Copenhagen, May 26, 2018

Annual report

Scientific activities

- “Rehabilitation” is incorporated into the ERA-EDTA with its own section comprising a poster session and free communications. Naomi Clyne, chairperson of the EURORECKD, is section chair.
- In April 2018 a symposium on Quality of Life in Chronic Kidney Disease took place in collaboration with the Renal Unit of AHEPA hospital, the Laboratory of Sports Medicine, AUTH, University Health Council and EURORECKD in Thessaloniki, Greece.
- A collaboration between the EURORECKD and professor Carmine Zoccali’s and professor Francesca Mallamaci’s group was initiated in 2016 with an aim to conduct a pan European survey with the view to establish why regular physical activity and exercise training is as yet not part of routine clinical care. During 2016 and 2017 five questionnaires were validated in 11 European countries. The questionnaires aim at exploring possible barriers to exercise training for patients with CKD at the following levels: the country’s health care system, nephrology unit, nephrologists, nephrology nurses and patients. The validation phase is thus completed and amendment of the questionnaires is pending.

Cooperation with other Societies

- The activities of the EURORECKD are disseminated by dr Alice Smith, Leicester, UK through an email network for professionals in the field of Nephrology interested in research and clinical practice in exercise training.
- The EURORECKD’s activities are also disseminated on the site of the British Renal Society and a facebook group set up by dr Pelly Koufaki.
- The EURORECKD has a dialogue and cooperation with the EFSMA, European Federation of Sports Medicine Associations, initiated by dr Rolfdieter Krause.

Naomi Clyne, MD, PhD
Chairperson, associate professor

Rolfdieter Krause, MD
General Secretary