



EUROPEAN ASSOCIATION OF REHABILITATION IN CHRONIC KIDNEY DISEASE

OFFICIALLY ENDORSED BY THE ERA-EDTA SINCE 2001

<http://euroreckd.eu/>



Berlin, June 6, 2021

Annual report

Council activity

The council has had 8 Skype meetings since the last annual general assembly.

Scientific activities

- A supplement on physical activity and exercise training in patients with chronic kidney disease and after kidney transplantation has been published in Clinical Kidney Journal (https://academic.oup.com/ckj/issue/14/Supplement_2).
- A European scientific collaboration, the EUSUREX NCT03923972 is ongoing, but has not been active during 2020 and 2021 due to the ongoing COVID19 pandemic. EUSUREX is a survey comprising 5 questionnaires to describe barriers and status of prescription of physical activity/exercise training within Europe. The questionnaires will explore the following levels: health care system within the country, renal unit, nephrologist, renal nurse and patient. Italy, Greece, Belgium, Estonia, England, Scotland, Sweden, Germany and Spain are currently participating. To date, two countries: Greece and Sweden have completed.
- A European scientific multicentre study, the GoodRENal study, was launched during Autumn, 2021. GoodRENal is sponsored by EU ERASMUS+ NCT04823286 and is ongoing. The GoodRENal is aiming to provide a comprehensive care programme comprising exercise training, nutritional counselling and psychosocial and cognitive support using a virtual reality platform for patients to use during hemodialysis. During the first phase GoodRENal will explore barriers and facilitators for these three areas using questionnaires to patients, their informal carers and their doctors and nurses. During the second stage IT experts will construct the virtual reality platform and during the final stage the virtual platform will be tested in a randomized controlled trial. Spain, Belgium, Greece and Sweden are participating in the clinical trials, Spain is responsible for IT development, Sweden and Spain are contributing with special expertise regarding nutrition, physiotherapy and psychology expertise.
- An application for a Cochrane review on the effects of physical activity in kidney transplant people has been submitted and is under review.

New statute

Due to the pandemic electronic voting is necessary as well as other necessary updating and a new statute has been submitted to the Greek authorities after which it will be voted on by two consecutive general assemblies.

Cooperation with other Societies

- The EURORECKD is endorsed by the ERA-EDTA.
- The EURORECKD is cooperating with the European Association of Preventive Cardiology.
- The EURORECKD's activities are also disseminated on the site of the British Renal Society and a facebook group set up by dr Pelly Koufaki.
- Members of EURORECKD cooperate with the GREX

New website

The EURORECKD website has been reconstructed and updated.

Naomi Clyne, MD, PhD
Chairperson

Amaryllis van Craenenbroeck, MD, PhD
General Secretary